



# Finding Fulfillment After 60

**Saturday, February 9, 2019**  
10 a.m.-3:00 p.m.  
**Faith Presbyterian Church**  
16000 N Del Webb Blvd,  
Sun City, AZ 85351

What would happen in our churches if we paid more attention to the well that restores and equips us in our life together? We would experience healthier churches. When our churches are healthy, we are nurturing and equipping people to follow Jesus into the lives of others and into God’s mission in the world. We bear fruit that nurtures others.

As we bear fruit, we share the faith with people without hope, we do justice, we practice hospitality, and we are agents of healing. In other words, we are the body of Christ. If the context permits, there will be numerical growth. But no matter the numbers, there will always be spiritual, emotional, and personal growth. When lives change communities change. I cannot think of better leaders for this movement than our older adults. Registration is \$10 per person and will include a healthy lunch.



Ray Jones, PC(USA) Acting Director, Theology, Formation & Evangelism Presbyterian Mission Agency, will invite us to delve into the business of creating and sustaining vital practices for people in their “Third Thirty”—Boomers and Beyond!

### Schedule:

- 10:00 a.m. "Bearing Fruit: Digging Wells vs Building Fences" Ray Jones, plenary
- 11:15 a.m. Worship
- 12:15 p.m. Lunch
- 1:00 p.m. Workshop I  
(choose between 4 offered on reverse page)
- 2:00 p.m. Workshop II  
(choose between 4 offered on reverse page)

NAME. \_\_\_\_\_

CHURCH \_\_\_\_\_

PHONE. \_\_\_\_\_

**WORKSHOP CHOICES**  
(CHOOSE TWO FROM BACK PAGE)

\_\_\_ LIGHT BEAMS

\_\_\_ CAREGIVING 101

\_\_\_ GETTING STARTED

\_\_\_ LIFE LESSONS

## Workshop Choices

Choose 2 from the list below



## Light Beams

Led by Cathie Bamber, R.N.,  
Faith Presbyterian Church Parish Nurse

Let your light shine for Christ! AND for those with sight impairment or those caring for people with sight impairment. Learn more about Faith Church's Light Beams group, and adapt it for your own church. We have guest speakers, special programs and activities designed especially for those with low vision

## Caregiving 101

Led by Rev. Linda Lloyd

Have you found it challenging to care for yourself while caring for others? We will talk together about the importance of self-care and coping with changes as we care for one another.



## Caregiving 101



## Getting Started with "Third Thirty Ministries"

Led by Revs. Sheryl and Mike Campbell

gain insights on building Older Adult Ministries as well as sharing the resources. The practical experience, wisdom, attitude and example of people in-but-not-limited-to their "Third Thirty" are valued gifts to the life of the church.

## Life Lessons

Led by Kim Porter, AZ Commission on the Arts

Looking at the things we have learned in life with an eye for telling our stories. This storytelling workshop uses simple, low resistance prompts and exercises to explore our memories and uncover images and stories we might have forgotten about. Then, using best story-development practices we will shape our recollections into Stories with a capital "S".



To Register online, go to [www.pbygandcanyon.org](http://www.pbygandcanyon.org) and Click on Third Thirty on the Homepage