



Time and Dates

12:30 – 3:00 (AZ Time)

L.E.S.T Track:

9/15, 22, 29 and 10/6, 13, 20

Reconciliation Track:

10/27 and 11/3

Interim Track (optional add-on):

11/10 and 11/17

Cost

\$12 - Friendly Style Profile purchased by participants at www.friendlypress.com.

Participants' handbook and journal will be sent as PDFs and videos accessed through the LEST YouTube channel.

About L.E.S.T.

L.E.S.T. is an online seminar to assist leaders in understanding how to engage conflict and move toward healthy communication that supports ministry.

Questions?

Phone: 719-251-9737

Email: bradmunroe1963@gmail.com

RSVP

pbyassistant@gmail.com

Deadline: September 8, 2020

Zoomvites sent upon RSVP



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**GRAND CANYON
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*Present a virtual seminar on
emotional leadership in
churches*

What will you learn?

Skill Development

Coaching healthy communication for individuals and groups

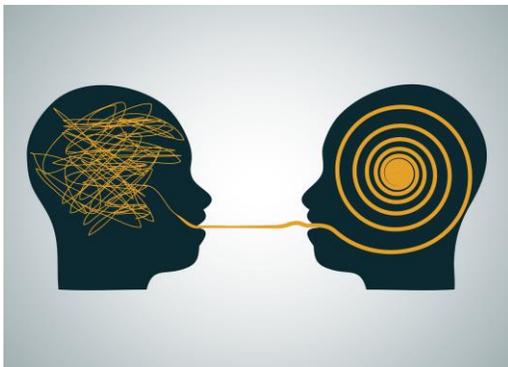
Noticing your organizational system and knowing how to respond to what you observe

Mediation strategies for small and large groups (and the limits of mediation)

Clarity on your personal engagement style in low stress and high stress situations

Becoming aware of one's perspective and narrative, while practicing empathy and interest-based negotiating

Using a genogram to map a congregational system



Topics Covered

What happens in the brain when a group is triggered (and when you're triggered, too!)

Healthy communication tools for individuals and groups

“Whenever we are trying to direct the self of the other it will become a battle of wills.”

Richard Blackburn

More obvious signs and less obvious signs a congregation is reacting anxiously (and how you're being affected)

Self-differentiation as a “pastoral superpower”

Triangles, triangles, triangles, Oh my!

Calm, clear, core, and connected personal communication

Developmental tasks and intervention tools for interim ministry (Interim Track only)



Learning Tracks

L.E.S.T Track (9/15 – 10/20)

All learners participate in this track as the foundation for the other two tracks described below.

Reconciliation Track (10/27 – 11/3)

The reconciliation track is designed for general, congregational leadership and as a foundation for a presbytery's Reconciliation / Mediation Team.

Interim Track (11/10 – 11/17)

The interim track builds upon LEST and Reconciliation tracks and covers additional topics and skills for Interim Pastor I training. Certification as an interim pastor is given upon successful completion of all three tracks.